Republic of the Philippines
Congress of the Philippines
House of Representatives
Metro Manila
Eighteenth Congress
Third Regular Session

Begun and held in Metro Manila, on Monday, the twenty-sixth day of July, two thousand twenty-one.

RESOLUTION NO. 203

RESOLUTION CONGRATULATING AND COMMENDING
DR. POTENCIANO "YONG" STO. DOMINGO
LARRAZABAL III FOR BEING THE FIRST FILIPINO
TO CONQUER THE WORLD MARATHON CHALLENGE
HELD ON FEBRUARY 7 TO 13, 2020

WHEREAS, the World Marathon Challenge, comprising
7 marathons in 7 continents within 7 days, is a formidable
logistical and physical contest;

WHEREAS, the marathon challenge began in Antarctica
where competitors ran the standard 42.2-kilometer marathon
distance in the 7 continents comprising of Antarctica, Africa,
Australia, Asia, Europe, South America, and North America
within 7 days or 168 hours from the start of the first marathon to
the finish of the final marathon in Antarctica;
WHEREAS, there have been 6 editions of the race since its inception in 2015, and only 152 participants from all around the world have finished the challenge to date;

WHEREAS, renowned eye surgeon from Cebu City, Dr. Potenciano “Yong” Sto. Domingo Larrazabal III, is a veteran runner who first showed his athletic prowess in the running circuit in 2018 when he received a “Six Star Finisher” medal from the Abbott World Marathon Majors for completing 6 of the world’s largest road races—the New York City, Berlin, Chicago, London, Tokyo, and Boston marathons;

WHEREAS, from February 7 to 13, 2020, Dr. Larrazabal traversed the globe and ran the standard 42.2-kilometer marathon distance in Novolazarevskaya, Antarctica; Capetown, (Africa); Perth, (Australia); Dubai, (Asia); Spain, (Europe); Brazil, (South America); and Miami, (North America) – clocking within the range of 4 hours, from 4:06:30 in Miami where he finished 4th place to 4:44:47 in Novolazarevskaya, Antarctica, and finishing overall at 12th place;

WHEREAS, Dr. Larrazabal had to endure extreme conditions such as freezing temperatures as low as -20 degrees Celsius, wind speed of 50 kilometers per hour, and running in darkness for almost 4 hours in Antarctica;

WHEREAS, Dr. Larrazabal made history as the first Filipino marathoner to compete and finish the World Marathon Challenge, and thus earned the privilege of joining the unique Seven Continents Marathon Club which is reserved for athletes who have run a marathon within the Antarctic circle in the Antarctica continent, and in the other 6 continents;

WHEREAS, in the light of this historic moment for the country, it is thus fitting to congratulate and commend Dr. Larrazabal for his resilience, determination, discipline, courage, and endurance that serves as inspiration not only to young athletes in various fields of sports but to all the Filipino youth: Now, therefore, be it

Resolved by the House of Representatives, To congratulate and commend Dr. Potenciano “Yong” Sto. Domingo Larrazabal III for being the first Filipino to conquer the World Marathon Challenge held on February 7 to 13, 2020.

Resolved, further, That a copy of this Resolution be furnished Dr. Potenciano “Yong” Sto. Domingo Larrazabal III.

Adopted,

[Signature]

LORD ALLAN JAY Q. VELASCO
Speaker

This Resolution was adopted by the House of Representatives on August 31, 2021.

[Signature]

MARK LLANDRO “YONG” L. MENDOZA
Secretary General
WHEREAS, there have been 6 editions of the race since its inception in 2015, and only 152 participants from all around the world have finished the challenge to date;

WHEREAS, renowned eye surgeon from Cebu City, Dr. Potenciano "Yong" Sto. Domingo Larrazabal III, is a veteran runner who first showed his athletic prowess in the running circuit in 2018 when he received a "Six Star Finisher" medal from the Abbott World Marathon Majors for completing 6 of the world’s largest road races – the New York City, Berlin, Chicago, London, Tokyo, and Boston marathons;

WHEREAS, from February 7 to 13, 2020, Dr. Larrazabal traversed the globe and ran the standard 42.2-kilometer marathon distance in Novolazarevskaya, (Antarctica); Capetown, (Africa); Perth, (Australia); Dubai, (Asia); Spain, (Europe); Brazil, (South America); and Miami, (North America) – clocking within the range of 4 hours, from 4:06:30 in Miami where he finished 4th place to 4:44:47 in Novolazarevskaya, Antarctica, and finishing overall at 12th place;

WHEREAS, Dr. Larrazabal had to endure extreme conditions such as freezing temperatures as low as -20 degrees Celsius, wind speed of 50 kilometers per hour, and running in darkness for almost 4 hours in Antarctica;

WHEREAS, Dr. Larrazabal made history as the first Filipino marathoner to compete and finish the World Marathon Challenge, and thus earned the privilege of joining the unique Seven Continents Marathon Club which is reserved for athletes who have ran a marathon within the Antarctic circle in the Antarctica continent, and in the other 6 continents;

WHEREAS, in the light of this historic moment for the country, it is thus fitting to congratulate and commend the victory of Dr. Larrazabal for his resilience, determination, discipline, courage, and endurance that serves as inspiration not only to young athletes in various fields of sports but to all the Filipino youth: Now, therefore, be it

Resolved by the House of Representatives, To congratulate and commend Dr. Potenciano “Yong” Sto. Domingo Larrazabal III for being the first Filipino to conquer the World Marathon Challenge held on February 7 to 13, 2020.

Resolved, further, That a copy of this Resolution be furnished Dr. Potenciano “Yong” Sto. Domingo Larrazabal III.

Adopted,

[Signature]

LORD ALLAN JAY Q. VELASCO
Speaker

This Resolution was adopted by the House of Representatives on August 31, 2021.

[Signature]

MARK LLANDRO "YONG" L. MENDOZA
Secretary General