Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Metro Manila

NINETEENTH CONGRESS
First Regular Session

HOUSE RESOLUTION NO. 104

Introduced by Rep Margarita Ignacia B. Nograles & Rep Ivan Howard A. Guintu

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A RESOLUTION
CONGRATULATING AND COMMENDING FILIPINA YOUTH ATHLETE ROSE JEAN RAMOS FOR BAGGING 2 GOLD MEDALS AND 1 SILVER MEDAL IN THE RECENTLY CONCLUDED ASIAN YOUTH AND JUNIOR WEIGHTLIFTING CHAMPIONSHIPS

WHEREAS, it is State policy to encourage sports programs, league competitions, and amateur sports, including training for international competitions, to foster self-discipline, teamwork, and excellence for the development of a healthy and alert citizenry;

WHEREAS, Ms Jean Rose Ramos, 17-years-old from Zamboanga City, who dominated the weightlifting division in 3 consecutive years, in Peru in 2020 and Jeddah, Saudi Arabia in 2021;

WHEREAS, Ms Ramos, who participated in the recent 2022 International Weightlifting Federation Youth World Championships and bagging two gold medals in 155-kilogram (kg) and one silver in 70-kilograms category held in León, Mexico last July 17, 2022;

WHEREAS, Ms Ramos serves as an inspiration for all Filipino aspiring weight lifting athletes for her record-breaking performance during the tournament;

NOW, THEREFORE, BE IT RESOLVED, by the House of Representatives to congratulate and commend Filipina youth athlete Jean Rose Ramos for winning two gold medals and one silver medal in the recently concluded Asian Youth and Junior Weightlifting Championships, and bringing pride, honor, and glory to the country.

Adopted,

HON. MARGARITA IGNACIA B. NOGRALES
Representative, PBA Partylist

HON. IVAN HOWARD A. GUINTU
Representative, Pinuno Partylist