A RESOLUTION
CONGRATULATING MS. HIDILYN DIAZ FOR WINNING THE FIRST OLYMPIC GOLD MEDAL OF THE PHILIPPINES IN THE WEIGHTLIFTING COMPETITIONS AT THE 2021 TOKYO OLYMPICS

Be it enacted by the Senate and House of Representatives of the Philippines in Congress assembled:

1. WHEREAS, weightlifter Hidilyn Diaz made history by becoming the first athlete from the Philippines to win a gold medal at the Olympics and setting an Olympic record, lifting a combined weight of 224 kilograms in the women's 55-kg. class in the 2021 Tokyo Olympics;

2. WHEREAS, being born to a family of modest material status, she had no open gyms to train at and had to improvise her own gym, training with very little professional equipment and she created lifting sets out of jugs of water and bamboo sticks;

3. WHEREAS, in her early weightlifting years, she was a bronze medalist in the 2007 Southeast Asian Games in Thailand, and in the 2016 Summer Olympics, Hidilyn Diaz won the silver medal in the women's 53-kg weight division, ending the Philippines' 20-year Olympic medal drought;
WHEREAS, Hidilyn Diaz is among a number of athletes whose preparation and training ahead of the Games and other international sports competitions was disrupted by the Covid-19 pandemic restrictions, but notwithstanding such difficulties, she managed to push through and achieve her goals;

WHEREAS, her inspirational victory has placed the Philippines in the international sports arena, ending a 97-year wait for an Olympic gold for the country and touching the hearts of Filipinos, giving inspiration and hope especially in these difficult times.

NOW, THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, that the House of Representatives congratulates Ms. Hidilyn Diaz for winning the first Olympic Gold Medal of the Philippines in the weightlifting competitions at the 2021 Tokyo Olympics.

ADOPTED.

ROLANDO M. VALERIANO
Representative