

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City, Metro Manila

EIGHTEENTH CONGRESS
Third Regular Session

HOUSE RESOLUTION NO. 2014



Introduced by **Representative Manuel Luis T. Lopez**

A RESOLUTION

COMMENDING AND CONGRATULATING HIDILYN DIAZ AND THE PHILIPPINE WEIGHTLIFTING ASSOCIATION FOR HISTORIC GOLD MEDAL WIN IN WEIGHTLIFTING IN THE 2020 OLYMPICS IN TOKYO, JAPAN, THE COUNTRY'S FIRST OLYMPIC GOLD MEDAL, AND FOR BRINGING PRIDE, HONOR, AND INSPIRATION TO THE COUNTRY

1 **WHEREAS**, on 26 July 2021, amidst trials, adversities, and even threats of COVID-19
2 transmission, Hidilyn Diaz brought tremendous pride and honor to the country when
3 she won a historic gold medal in Weightlifting in the 2021 Olympics in Tokyo, Japan;
4

5 **WHEREAS**, the country is honored to share in her record-breaking Olympic victory of
6 97 kilograms in the Snatch and 127 kilograms in the Clean and Jerk, which set 224
7 kilograms as the new world record for Weightlifting in the Olympics' Women's 55-
8 kilogram Class;
9

10 **WHEREAS**, the 30-year old Zamboanga pride also made history for the country,
11 winning its first Olympic gold medal, nearly a century since the country first took part
12 in the Olympics, and becoming the only other athlete in the country to win multiple
13 Olympics medals, joining swimmer Teofilo Yldefonzo;
14

15 **WHEREAS**, this is not the first time that Diaz has made Filipinos proud, as she also
16 won the country a silver medal in the 2016 Rio Olympics, ending a 20-year Olympics
17 drought;
18

19 **WHEREAS**, Diaz's road to victory was not smooth sailing but rather, was paved with
20 many roadblocks, detours, and crossroads;
21

22 **WHEREAS**, being introduced to weightlifting at the age of 11, Diaz joined her first
23 competition at the age of 12 in the 2003 Mindanao Friendship Games, and went to
24 later break national records by bagging a bronze medal in the 2007 Thailand
25 Southeast Asian Games;
26

27 **WHEREAS**, after winning in the 2016 Rio Olympics, Diaz decided to stop schooling in
28 order to focus on training for the Olympics;
29

30 **WHEREAS**, leading up to the 2020 Tokyo Olympics, Diaz spent the last year and half
31 training in exile in Malaysia, away from her family, due to COVID-19 restrictions;
32

1 **WHEREAS**, amidst all her personal trials, Diaz also spoke bravely about the state of
2 weightlifting and athletes in the country and the importance of integrity in sports, and
3 providing long-term programs that support athletes and place their best interests of
4 at the forefront;

5
6 **WHEREAS**, Diaz was quoted saying after her historic Olympic win, “Kaya natin ‘to.
7 Akala natin imposible, akala ko rin imposible. Wag kayong sumuko... [M]ay plano si
8 God.”;

9
10 **WHEREAS**, Diaz is not only an athlete who has brought pride and honor to the
11 country, she is a Filipina who has exemplified the perseverance, resilience, and
12 integrity that is alive in every Filipino, and has inspired many Filipinos who are
13 struggling through difficulties in today’s time;

14
15 **NOW, THEREFORE, BE IT RESOLVED**, as it is hereby resolved, to commend and
16 congratulate Hidilyn Diaz and the Philippine Weightlifting Association for winning a
17 gold medal in weightlifting in the 2020 Olympics in Tokyo, Japan, the country’s first
18 Olympic gold medal, and for bringing pride, honor, and inspiration to the country;

19
20 **RESOLVED FURTHER**, that a copy of this resolution be sent to Hidilyn Diaz, the
21 Philippine Weightlifting Association, and to the Philippine Olympic Committee.

22
23 **ADOPTED,**


HON. MANUEL LUIS T. LOPEZ
Representative
1st District, City of Manila