RESOLUTION CONGRATULATING AND COMMENDING WORLD CHAMPION WEIGHTLIFTER HIDILYN DIAZ FOR HER GOLD-CLINCHING PERFORMANCE IN THE WOMEN'S 55-KILOGRAM WEIGHTLIFTING COMPETITION OF THE TOKYO 2020 OLYMPICS AT THE TOKYO INTERNATIONAL FORUM

WHEREAS, the House of Representatives on several occasions extended due recognition and commendation to outstanding Filipinos exhibiting excellence in their fields of endeavor;

WHEREAS, Filipino professional weightlifter Hidilyn Francisco Diaz traces her humble beginnings in the province of Zamboanga on the southern Philippine island of Mindanao;

WHEREAS, “Heidy,” as fondly called by her circle, comes from a family of six by parents Eduardo and Emelita;

WHEREAS, her early trainings reportedly involved homemade barbells made with plastic pipes and concrete weights shaped in tin cans;

WHEREAS, her grit and perseverance opened door to many opportunities including the prestigious international sports festival that is the Olympic games;

WHEREAS, Diaz’s Olympic journey began at an early age of 17 in 2008 in Beijing as wildcard entry;
WHEREAS, she qualified once more in the 2012 London Olympics and chosen to be the flagbearer in the opening ceremony;

WHEREAS, the unstoppable lady from Mindanao ended the country’s nearly century-long Olympic medal drought with a silver medal in the 2016 Rio edition;

WHEREAS, Diaz finally bagged the elusive Olympic gold medal for the Philippines after winning the women's 55-kilogram (121-pound) weightlifting competition on July 26, 2021;

WHEREAS, amidst intense competition, she edged out eight other competitors in her category including world record holder Liao Qiuyun of China;

WHEREAS, Diaz cemented herself in history as the first Filipino to clinch the gold medal in the biggest sporting event in the world;

WHEREAS, she has long reaped honors for the country as a top weightlifter with her other international awards including a bronze medal in the 2015 World Championships in Houston, Texas, United States of America; a gold and a silver in the 2015 and 2016 Asian championships, respectively; and two silver medals and a bronze in all her outings at the Southeast Asian Games;

WHEREAS, her immeasurable achievements have brought much-needed honor and hope to the Filipinos at this time of uncertainty;

WHEREAS, her unrelenting spirit may inspire the same confidence and inspiration to the youth towards engaging in meaningful pursuits, and bringing pride and glory to the nation;

THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED that the House of Representatives congratulates and commends world champion weightlifter Hidilyn Diaz for her gold-clinching performance in the women’s 55-kilogram weightlifting competition of the Tokyo 2020 Olympics at the Tokyo International Forum.
RESOLVED FURTHER that a copy of this Resolution be furnished to the family of Hidilyn Francisco Diaz.

Adopted,

HON. MUJIV S. HATAMAN
Representative, Lone District of Basilan

HON. AMIHILDA S. SANGCOPAN
Representative, Anak Mindanao Partylist